



# PROTECT YOURSELF, YOUR LOVED ONES AND YOUR COMMUNITY WITH THESE COVID-19 SAFETY MEASURES

## STAYING HOME WILL SAVE LIVES

Leave home only to:



*Get essential items*



*Seek health care*



*Care for others*



*Spend time outside*



*Provide critical services*

## STAY SAFE WHEN IN PUBLIC

The best way to stay healthy is to stay home

*If you need to go out in public:*



*Wash your hands*



*Do not touch your face*



*Cover your coughs and sneezes*



*Keep six feet between yourself and others*

**Feeling sick? Stay home!**

## WEARING A MASK

Leave N95 and Medical Grade masks for health care professionals

*Homemade masks are meant to be worn by people who do not have symptoms. They protect other people by reducing the chance that the wearer, who does not have symptoms but still may be infected, can pass the disease.*

Consider using a homemade cotton mask, scarf, or bandana

